

## Food and Drink Policy

The setting will provide a healthy and nutritious breakfast and snack catering to the dietary needs for those children who attend.

Eating represents a social time for children and adults, where meal times are an important part of the day and children can learn about a healthy and well balanced diet.

Before a child is admitted the setting will obtain information about any specific dietary requirements, preferences and food allergies that a child has, and any special health requirements.

The setting will record and act on any information from parents and carers about a child's dietary needs. [Statutory Framework for the EYFS, Safeguarding and Welfare Requirement 3.47]

Fresh drinking water is available and accessible at all times.

The setting will provide a weekly menu for the parents/carers to see, this will be displayed on the parents' notice board and shows which food is being offered for that week.

The setting will encourage children to develop independence through making choices, serving food and drink for themselves, during snack times.

The setting will provide an area which is adequately equipped to provide healthy meals, snacks and drinks for children as necessary.

The setting will provide suitable facilities for the hygienic preparation of food for children.

Staff preparing and handling food are competent to do so and all staff involved in preparing and handling food will complete E-learning training in food hygiene.