

## Positive Coaching – Covid-19 Extra Curricular Cross Country Risk Assessment

This Positive Coaching Covid-19 risk assessment is to be used, having taken into account the organisation of the Crawley Ridge Junior School day, the club members being separated into Year Group ‘bubbles’, utilising the school field as usual, with cones from the shed on the top field, being the only equipment used. Amendments will need to be made as necessary throughout the Covid-19 Pandemic, in order to follow the latest updated guidelines from the Government and Public Health England.

Situation of risk	Persons at risk	How at risk	Control Measures	Residual risk rating	Comments - Actions
<b>Arrival</b>	Parents Club members Coach	Children coming too close to other year group members / other parents / the coach	<ul style="list-style-type: none"> <li>• Coach to arrive before 7.55 to inform the school office of arrival &amp; place different coloured cones in under-croft &amp; on drive, one colour per year group</li> <li>• Club members to arrive at 7.55 &amp; on entering the school grounds move straight to the colour cone on the school drive indicating the waiting area for their year group bubble</li> <li>• Once members have arrived, the bubbles will be sent down the outside steps, one bubble at a time, to place their bags in the area of the corresponding colour cone</li> <li>• They will then walk down the slope to the field &amp; wait in the grid square allocated to their bubble, marked by a corresponding colour cone</li> <li>• Year 6 children will be sent first, then Year 5, Year 4 &amp; finally Year 3 with the coach</li> <li>• 4 Y6 children will set out cones on the field, according to the layout advised by the coach</li> <li>• The register will be taken by the coach</li> </ul>	Low	<p>The families of club members will have been notified by email, prior to the first session, of these procedures, so that the children will already be aware of what they must do on arrival.</p> <p>It will be made clear that the children walk to their cone, socially distanced from all other bubbles.</p>
<b>Equipment</b>	Club members Coach	Virus transmitted through touching equipment.	<ul style="list-style-type: none"> <li>• Children and coach will have been asked to wash hands thoroughly before arrival at school</li> <li>• At the beginning of the session, only the 4 designated Y6 children will unlock the shed &amp; remove the cones to set them out appropriately for the planned session, &amp; at the end of the session, place them outside the shed on the grass</li> </ul>	Low	Other children reminded not to touch the cones at all, & to touch their eyes, mouth or nose as little as possible during cross country sessions



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<b>Training session continued</b>			bend, & that they must overtake on the outside leaving a 1 metre plus gap between them & the person they are overtaking		metre plus overtaking on the outside, & only on straights, will be given to all
<b>Need for use of toilets</b>	Members of staff Club members	Children coming too close to other year group members / members of staff inside the school building	<ul style="list-style-type: none"> <li>• All club members will have been notified that they must use the toilet at home before leaving for school</li> <li>• Should the need arise for a toilet visit during the session, the child will be sent into school via the hall entrance &amp; will then come immediately back to the field to rejoin the session</li> </ul>	Low	The children & parents will have been forewarned of the aim to avoid the need to use the toilet during the training session, if the need is unavoidable they will go into the school building, use the appropriate toilet & then immediately rejoin session
<b>At the end of the session</b>	Members of staff Club members Coach Children in other bubbles within the school building		<ul style="list-style-type: none"> <li>• The Y6 children will warm down on the top field, the Y5 children will do the same, starting 10 seconds later, the same will be the case on the bottom field with the Y4 then Y3 children</li> <li>• At the end of their warm down, the children will return to the grid square allocated to their year group</li> <li>• The year groups will be sent in one bubble at a time, starting with Y3, then Y4/Y5/Y6 &amp; will enter school via the hall &amp; go straight to their classroom to change into their school uniform in order to be ready for the start of the school day at 8.45. On no account may they change anywhere other than their own classroom</li> </ul>	Low  Medium	A reminder before commencing warm down, that they should socially distance from other bubbles grid squares by 1 metre plus when returning to their own area  A reminder of where they should go will be given to each bubble
<b>After the session</b>	Others using the cones from the top field shed	Contact with equipment that hasn't been sanitised	<ul style="list-style-type: none"> <li>• The coach will clean all cones used with an anti-viral spray</li> <li>• The cones will be replaced in the shed, which will then be locked</li> <li>• The coach will then inform the school office of leaving the school grounds</li> </ul>	Low	