

What can I do if I see someone being bullied

- * Don't go away, tell an adult.
- * If you are silent, the bullying will keep on going.
- * Don't get other children involved with the bullying.
- * Support the person who has been bullied.

THIS HAS TO STOP NOW

CRJS Anti-Bullying statement

At CRJS we want everyone to:

- ☺ Get on well with each other and be positive.
- ☺ Respect each other
- ☺ Have the right to be who they are and feel they belong - be part of the team.
- ☺ Feel safe and happy
- ☺ Be able to learn and concentrate happily



Child - Friendly Anti-Bullying Policy



What is bullying?

Bullying is hurting someone else by using behaviour which is meant to hurt, frighten or upset them. This behaviour is repeated frequently.

Bullying can be:

Emotional: Hurting people's feelings, leaving you out.

Physical: Punching, kicking, spitting hitting, pushing, pulling hair, tripping up, theft

Verbal: Being teased, name calling, being rude

Racist: Graffiti, calling you racist names.

Cyber: saying unkind things online

When is it Bullying?

Several
Times
On
Purpose

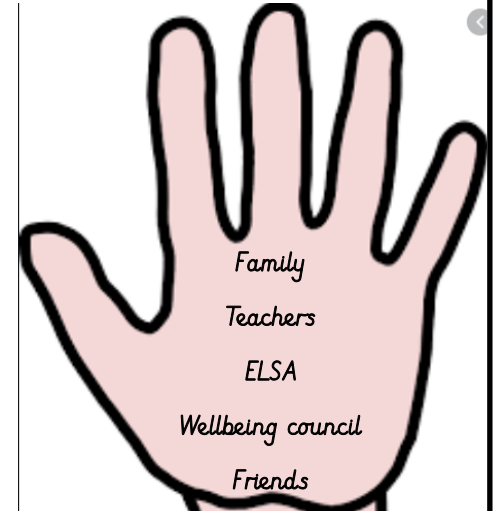
Remember some things you say to someone may be said to be funny but it maybe hurtful to that person.

Think before you speak!

Bullying is NOT:

- * Accidents*
- * Fall outs with friends*
- * Happening only once.*

Who can I Tell?



What can I do if I am being bullied?

- * Ask them to STOP*
- * Tell them to go away use eye contact.*
- * Act like you don't care*
- * TELL SOMEONE STRAIGHT-AWAY*

Speak To Other People