

YEAR 3/4 ATHLETICS CLUB
PositiveCoaching Athletics Club at Crawley Ridge Junior School

PositiveCoaching is a company offering motivational coaching for Junior School children. Whether your child is an athletics novice, or an experienced competitor, the aim of the coaching sessions will be to promote healthy exercise, enhance fitness levels and develop the confidence and skills necessary for those children wishing to experience athletics at a competitive level. Some club members will be offered the opportunity to represent Crawley Ridge in the local schools District Quadkids competitions, for which the Y3/4 event this year will take place on May 22nd p.m. However for those not wishing to be involved in competition, the club will serve as a source of enjoyable exercise, whilst developing general levels of fitness and athletic skills.

In order for the children to progress as athletes, it is preferable for them to try to attend all club sessions. The sessions will go ahead regardless of weather conditions, as indoor facilities will be available. The coaching will be for one session per week on Tuesday from 3.15 to 4.30 p.m., **for the following Tuesdays:**

April 30	May 7, 14, 21	June 4, 11, 18, 25	July 2, 9	10 weeks	£50.00
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There will be an upper limit on numbers this year, so an early response is recommended. If you would like to book your child a place, **please email me asap to secure a place**, & then complete the slip below and return it with a cheque, made payable to 'PositiveCoaching' to the school office, **either tomorrow or on the first day of next term Wednesday April 24th, as the club will be starting on Tuesday 30th. I need to know total numbers asap to let you know whether or not I can accept everyone.** Please write your child's name on the back of the cheque, as well as on the envelope, and please contact me on one of the numbers below should you require any more information.

Your coach : Laura White

Qualifications : UK Athletics qualified coach, Enhanced CRB status, Emergency First Aid qualified

TEL : 01276 676545

M : 077 3333 7722

E-mail : positivecoaching@btinternet.com

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I would like my child to attend the Crawley Ridge Junior School Athletics Club run by PositiveCoaching, starting on Tuesday April 30th.

Name of parent/guardian _____ Signature _____

Child's name _____ Date of birth _____ Year Group _____

Address _____

Telephone (H) _____ (M) _____ (W) _____

E-mail address _____

Doctor's name & tel no _____

Any medical concerns? _____

I enclose a cheque made payable to PositiveCoaching for: £50.00 for the 10 week term

Terms and Conditions

1. Health & Safety and Child Protection

Your coach, who is fully qualified and holds an enhanced certificate from the Criminal Records Bureau, will take all the steps necessary to ensure your child's safety whilst involved in PositiveCoaching activities.

Your child's safety is of the utmost importance. In order for that safety to be maintained, it is important that both parents and children are aware of, and adhere to the following instructions. Your signature on the booking form will signify your acceptance of them.

- Adults must ensure that the child is collected from the school gate at the agreed time. No responsibility can be taken for children asked to meet their parents at alternative locations.
- Your child should be suitably dressed for athletics in all weather conditions. Clothing should be their school T-shirt, shorts and jumper, with joggers on the cooler days and trainers. Children without the appropriate footwear will not be able to take part.
- Expected behaviour will be explained to your child at the beginning of the course. Behaviour which is considered to be inappropriate or unacceptable will be dealt with in the following manner:
 1. The child will be offered two verbal warnings. If the behaviour persists the parent will be contacted for the issue to be discussed.
 2. If the problems are not resolved and the bad behaviour continues, PositiveCoaching reserves the right to consider exclusion from the course.

2. Liability

PositiveCoaching carries comprehensive insurance for all of the activities undertaken, but cannot accept responsibility for situations outside of its direct control in respect of damage or injury caused other than by proven negligence.

3. Equal Opportunities

PositiveCoaching practices a policy of non-discrimination.

4. Cancellations

Once a commitment has been made to a course of training, subsequent cancellations are non-refundable.

5. PositiveCoaching's Mission

To provide a positive and enjoyable learning experience for children, which enables them to develop their full potential.