

## YEAR 5/6 ATHLETICS CLUB

### PositiveCoaching Athletics Club at Crawley Ridge Junior School

PositiveCoaching is a company offering motivational coaching for Junior School children. Whether your child is an athletics novice, or an experienced competitor, the aim of the coaching sessions will be to promote healthy exercise, enhance fitness levels and develop the confidence and skills necessary for those children wishing to experience athletics at a competitive level. Some club members will be offered the opportunity to represent Crawley Ridge in the local schools District Quadkids competitions. However for those not wishing to be involved in competition, the club will serve as a source of enjoyable exercise, whilst developing general levels of fitness and athletic skills.

In order for the children to progress as athletes, it is preferable for them to try to attend all club sessions. The sessions will go ahead regardless of weather conditions, as indoor facilities will be available. The coaching will be for one session per week on Thursday from 3.15 to 4.30 p.m., **for the following Thursdays:**

April 25   May 2, 9 (pls note no sessions on 16 or 23)   June 6, 13, 20 , 27   July 4, 11   9 weeks   £54.00
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**Please note that if the numbers for Y5/6 Athletics are very low, this club will be combined with the Y3/4 Athletics Club on Tuesdays 3.15 – 4.30.**

**There will be an upper limit on numbers again this year, so an early response is recommended.** If you would like to book your child a place, please complete the slip below and return the completed form via email to [positivecoaching@btinternet.com](mailto:positivecoaching@btinternet.com). Payment should be made by bank transfer, by the start of term to: 'PositiveCoaching', sort code 090666 account number 42871405 reference your child's/children's name/s. Please feel free to contact me on one of the numbers below, should this be a problem or should you require any more information. Further details will be sent out the week before the club starts.

Your coach : Laura White

Qualifications : UK Athletics qualified coach, Enhanced CRB status, Emergency First Aid & Safeguarding

TEL : 01276 676545

M : 077 3333 7722

E-mail : [positivecoaching@btinternet.com](mailto:positivecoaching@btinternet.com)

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I would like my child to attend the Crawley Ridge Junior School Athletics Club run by PositiveCoaching, starting on Thursday April 25<sup>th</sup>.

Name of parent/guardian \_\_\_\_\_ Signature \_\_\_\_\_

Child's name \_\_\_\_\_ Date of birth \_\_\_\_\_ Year Group \_\_\_\_\_

Address \_\_\_\_\_

Telephone (H) \_\_\_\_\_ (M) \_\_\_\_\_ (W) \_\_\_\_\_

E-mail address \_\_\_\_\_

Doctor's name & tel no \_\_\_\_\_

Any medical concerns? \_\_\_\_\_

**I will transfer the fee of £54 to PositiveCoaching by the start of the summer term**

## Terms and Conditions

### 1 Health & Safety and Child Protection

Your coach, who is fully qualified and holds an enhanced certificate from the Criminal Records Bureau, will take all the steps necessary to ensure your child's safety whilst involved in PositiveCoaching activities.

Should they again be necessary, you will be supplied with Positive Coaching's Covid 19 guidelines, please ensure that both you & your child/ren understand & comply with them.

Your child's safety is of the utmost importance. In order for that safety to be maintained, it is important that both parents and children are aware of, and adhere to the following instructions. Your signature on the booking form will signify your acceptance of them.

- Adults must ensure that the child is collected from the school gate at the agreed time. No responsibility can be taken for children being picked up at alternative locations or times.
- Your child should wear their school PE kit for Athletics Club with trainers. Children without the appropriate footwear will not be able to take part.
- Expected behaviour will be explained to your child at the beginning of the course. Behaviour which is considered to be inappropriate or unacceptable will be dealt with in the following manner:
  - 1 The child will be offered a verbal warning. If the behaviour persists, a second verbal warning will be given & both school & the parent will be contacted for information. If a third & final warning is issued, both the child & their parents will be told that the child will not be able to attend Athletics for the following week's session.
  - 2 If the problems are not resolved and the bad behaviour continues, PositiveCoaching reserves the right to consider permanent exclusion from the course.

### 2. Liability

PositiveCoaching carries comprehensive insurance for all of the activities undertaken, but cannot accept responsibility for situations outside of its direct control in respect of damage or injury caused other than by proven negligence.

### 3. Equal Opportunities

PositiveCoaching practices a policy of non-discrimination.

### 4. Cancellations

Once a commitment has been made to a course of training, subsequent cancellations are non refundable.

### 5 PositiveCoaching's Mission

To provide a positive and enjoyable learning experience for children, which enables them to develop their full potential.