



Bring a healthy snack



RUN BY NIC DAVIE, QUALIFIED, ELSA

# Join Our Exciting After-School Club!

A wonderfully engaging after-school club where children can explore their emotions through crafts, games, and various activities.

✨ \*\*What's in Store?\*\* ✨

🎨 Dive into arts and crafts

\*\*Develop skills\*\* for emotional resilience

😄 Make new friends and share plenty of laughs

🧘♂️ Unwind with mindfulness and relaxation activities



📍 \*\*Location:\*\* The Elsa Room

📅 \*\*WED & THUR space limited\*\*

🕒 \*\*Time:\*\* 3:00 PM - 4:15 PM

11 weeks

Email for details -

📞 HiCalmCrew@gmail.com

[nicdavie.com](http://nicdavie.com)

